

Print Resources

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Web Resources

Centers for Disease Control and Prevention

Includes links to downloadable PDF checklists, a “quiz” with photographs of children showing what developmental milestones look like for different stages of development, and videos about using developmental milestones.

<http://www.cdc.gov/ncbddd/actearly/milestones/>

Center on the Social and Emotional Foundations of Early Learning (CSEFEL)

Homepage for CSEFEL, which is focused on the healthy social emotional development and school readiness of children from birth through age five. Includes information on The Pyramid Model for Supporting Social Emotional Competence in Infants and Young Children, as well as extensive, user-friendly training materials, videos, and print resources, which are available directly from the website.

<http://csefel.vanderbilt.edu/>

Child Development Institute (CDI)

Information on nine temperamental traits with links to resources on child development, mental health, and parenting.

http://childdevelopmentinfo.com/child-development/temperament_and_your_child/temp2/

Devereux Center for Resilient Children (DCRC)

A comprehensive center with a wealth of information and resources to promote resilience among children of all ages and the adults who parent, care for, and/or work with young children. The site includes links to assessment and planning materials, professional development opportunities, conferences, and resources for families.

<http://www.centerforresilientchildren.org/home/about-resilience/>

National Association for the Education of Young Children (NAEYC)

I Am Safe and Secure, a brief focused on the importance of resilience and protective factors, and how caring adults can support resilience in young children. The site also offers links to resources, journal articles, books, and organizations.

<http://www.naeyc.org/content/i-am-safe-and-secure-promoting-resilience-young-children>



Addressing Challenging Behaviors: Promoting Social and Emotional Health in Young Children

Additional Resources

Module 1: Children's Behaviors, Lesson 1: Child Development

Office of Head Start: Head Start Early Learning Outcomes Framework 2015

This new Framework replaces the Head Start Child Development and Early Learning Framework issued in 2010. It is grounded in a comprehensive body of research regarding what infants, toddlers, and preschoolers should know and be able to do. It is intended to assist programs in their efforts to create and impart stimulating and foundational learning experiences for all young children and prepare them to be ready for school.

<http://eclkc.ohs.acf.hhs.gov/hslc/hs/sr/approach/cdelf>

Public Broadcasting System (PBS) Child Development Tracker

Includes information on social and emotional development for children from birth through age nine, as well as supportive activities for adults to do with children and appropriate books to read to children at each age.

<http://www.pbs.org/parents/childdevelopmenttracker/one/socialandemotionalgrowth.html>

Texas Child Care Quarterly: Using Books to Foster Resilience in Young Children

This site offers guidance and specific recommendations for using children's literature to build protective factors in young children.

http://www.childcarequarterly.com/pdf/fall12_resilience.pdf

The Program for Infant Toddler Care (PITC)

Includes information about professional development for people who care for infants and toddlers, including a training video, "Flexible, Fearful, or Feisty: The Different Temperaments of Infants and Toddlers."

https://www.pitc.org/cs/pitctr/view/pitc_res/814

Zero to Three

Includes briefs on supporting healthy social emotional development from birth through three years of age.

<http://www.zerotothree.org/child-development/social-emotional-development/social-emotional-development.html>

Temperament and Behavior: Links to tips and tools with downloadable resources that explore the ways that play supports development. There is a section with questions and answers about temperament.

<http://www.zerotothree.org/child-development/temperament-behavior/>